

# Nancy B. Jefferson - Student Text Scores 2020

Names are removed for confidentiality

## HOPE

Each person takes a turn saying one of the lines below, in any order. When all of the lines have been said, a final person (or the group together) says: Hold On, Pain Ends.

- **Hold** tightly to your dreams, and choose to never let go
- Imagine that the room is dark, feel the darkness.
- Turn **On**, Just like a switch
- Experience the light.
- Don't give up
- **Pain** is never forever
- **Ends** mark new beginnings

**Variation on Old Sound, New Sound, Borrowed Sound, Blue** by Pauline Oliveros  
Sounds to be performed "Before, At the same time, and After" others in the space

- Bird sound
- Cat sound
- Dog sound
- Rooster sound

**Variation on We Could...** by Pauline Oliveros

When a group is together, each person (after a focus is established, or not) finishes a sentence beginning with, "We could ..." in as many ways as possible. Time could be limited, or open-ended. The sentences could be recorded or not. The group could vote on subsequent action according to the sentences, or just enjoy imagining what they could be doing.

We Could...

- be better
- change things
- be mentors
- try to change our way of life
- come together
- look inside of ourselves to grow